



# TIDEPOOLS

SPA TREATMENTS & SERVICES

From intensely restorative to deeply rejuvenating, all of our carefully crafted treatments are inspired by the natural beauty of our surroundings. Our services incorporate therapeutic herbal remedies along with potent botanical blends.

## FACIAL TREATMENTS

**Tidepools Signature Glow** This luxurious age- defying treatment combines the benefits of an ultimate power couple, retinol and vitamin C, and the latest in active skincare. Our sweet cherry peel brightens and evens out skin tone, the double-dose of retinol stimulates cellular turnover, and a moisture-rich argan and peptide cream promotes a more radiant and hydrated complexion.  
60 minutes - \$140 | 90 minutes - \$205

**Moisture Recovery Facial** The cure for moisture- deprived skin. This hydrating facial incorporates beneficial blends of aloe vera, chamomile extract and rose geranium flower oil to replenish, soothe and calm stressed skin. A relaxing facial massage with Gotu Kola Intense Repair Balm followed by a Manuka Honey Mask leaves skin radiant and deeply nourished.  
60 minutes - \$135 | 90 minutes - \$205

**Vitamin Sea Facial** This treatment helps to reverse the effects of sun damage and premature aging. Potent antioxidants and corrective botanical extracts revitalize the skin. An invigorating Marine Mask and clinically- proven Vitamin C15 Wrinkle Repair Serum, helps firm, brighten and dramatically reduce the appearance of wrinkles.  
60 minutes - \$135 | 90 minutes - \$205

**Rosemary Clarifying Facial** The ideal treatment to improve skin clarity, reduce blemishes and soothe inflammation. A powerful blend of exfoliating pumpkin enzymes and moss extract provides a deep cleansing. Anti-oxidant rich neroli aids in calming, and antiseptic rosemary promotes healing for balanced, clear skin.  
60 minutes - \$135 | 90 minutes - \$205

## ENHANCEMENTS

**Brightening Eye Contour Treatment** Created to reduce puffiness and the appearance of fine lines and wrinkles. Included in facial treatment time. \$20

**Hydrating Lip Treatment** Deeply moisturizing, designed to leave lips smooth and supple. Included in facial treatment time. \$20

**Refining Enzyme Mask** A powerful exfoliating treatment combining AHA and BHA formulated to improve skin texture and brighten the complexion. Included in facial treatment time. \$20

**Restorative Wild Lime Scalp Treatment** This calming therapy features our wild lime and avocado seed oil and is designed to release muscle tensions in the neck, shoulders, face and scalp. 30 minutes additional massage or facial time. \$70

**Revitalizing Peppermint Foot Therapy** Our foot and lower leg treatment includes a stimulating peppermint massage and a steaming hot towel cocoon to wake up tired feet and invigorate the whole body. 30 minutes additional massage or facial time. \$70

**RESERVATIONS:** To reserve a treatment call 503.483.3000; a credit card will hold your appointment.

**CHECK IN:** Please arrive at least 15 minutes prior to your treatment time to prepare for your service; a robe, sandals and personal locker will be provided upon your arrival. Should you arrive late your time may be shortened to accommodate the next guest.

**CANCELLATION POLICY:** As a courtesy to other guests, we kindly ask that cancellations and appointment changes be made 24 hours prior to your scheduled service.