



## THE OCEAN CALLS

Oregon's North Coast - less than two hours from Portland - has a new destination in Pacific City. Headlands Coastal Lodge and Spa opened in December, and it is right on the beach. Hold hands and take long walks, go crabbing and take a cooking class, or hike the tall dunes. Bundle up and watch the waves crashing from your private balcony. There are 33 guest rooms and cottages with views; a bar; a restaurant that offers delicious food "minus the fuss"; and, of course, the Tidepools Spa & Wellness Center, where you can book everything from a massage to a Pilates class.



## **AN EAGLE SCOUT'S PROMISE**

Earlier this year, Eagle Scout Daniel Konzelman from Troop 604 in Eatonville was honored for helping at least a dozen passengers on The Amtrak Cascades Train 501 escape the train wreckage when it derailed and fell off an overpass near DuPont. The 24-year-old tapped into his emergency training as an Eagle Scout to safely guide passengers off the train and onto the freeway.

